



Lewiston Consolidated School District Newsletter October 2015



306 Tiger Avenue ❖ Lewiston, Nebraska 68380 ❖ 402.865.4675 ❖ 402.865.4875 (fax)

Lewiston Consolidated School

Vision

Every Lewiston Student Educated for Success!

Mission

Empowering students to become confident and creative builders of their future.

Important Dates to Remember

Friday, October 2 --
NO SCHOOL

Friday, October 16 --
End of First Quarter

Friday, October 23 --
12:30 p.m. Dismissal



Anyone interested in driving a school bus for Lewiston Consolidated Schools may start the process of getting certified by signing up for a three day Level I Bus Driving course. The course will be taught at the Lewiston Consolidated School Library for three consecutive Saturdays in October. Dates and times for the class are 8:00 a.m. to 12:00 p.m. on October 10th and October 17th, and 8:00 a.m. to 11:30 a.m. on October 24th. The district will pay for any costs involved in becoming certified such as class registration, health physical, and pre-employment drug screening. To register for the class or have questions answered, contact Rick Kentfield at 402-865-4675.

Wanted: Box Tops for Education



Please give your Box Tops for Education to any Lewiston student and have them deliver them to the pink box in the office to be counted and submitted. Lewiston Consolidated School gets 10 cents for each Box Top we submit. Thanks for all your help and support!

WANTED: EMPTY INK JET CARTRIDGES

Please give your used ink jet cartridges to any Lewiston student and have them deliver them to the library. Lewiston HAL receives cash to donate towards Earth Day projects.

Each student that donates an ink cartridge will receive a prize from Mrs. Goossen's prize box.



October 2015 Lunch Money Amounts

Full Breakfast	Pre-K to 6th Lunch	7th to 12th Lunch	Reduced Breakfast	Reduced Lunch	Snack Milk
\$33.60	\$47.25	\$57.75	\$6.30	\$8.40	\$8.00

~Counselor Connection~

By: Ms. Hermsmeier

Junior and Senior Information

The next ACT dates are as follows:

December 12 -- Registration due November 6 -- Late Registration due November 20

February 6 -- Registration due January 8 -- Late Registration due January 15

Students can pick up an ACT preparation booklet from Ms. Hermsmeier's office. This booklet includes practice test questions as well as ACT testing strategies.

John Baylor Test Prep has been underway this semester for juniors and seniors. The John Baylor Test Prep Sessions help students prepare for the ACT (if they choose to take it). It also helps them learn new skills that can help them in the classroom and will help them in college in the areas of reading, language arts, math, and science. The sophomores will take the John Baylor Test Prep next semester.

College reps have been coming to Lewiston to visit about different colleges and answering any questions students may have. All juniors and seniors are encouraged to attend any college that they are interested in. In addition, I plan to visit with every senior individually to answer any questions they may have about their post-secondary plans.

Lewiston's One Act Play

IMPORTANT DATES:

MONDAY, NOVEMBER 16TH
SCHOOL PERFORMANCE AT 2:45PM

WEDNESDAY, NOVEMBER 18TH
PIONEER CONFERENCE @ SOUTHERN

SATURDAY, NOVEMBER 21ST
PAWNEE CITY FESTIVAL @ PAWNEE

MONDAY, NOVEMBER 23RD
DINNER THEATER @ LEWISTON

TBA: NOVEMBER 30TH, DECEMBER 1ST,
OR DECEMBER 2ND.
DISTRICTS



LEWISTON'S ONE-ACT PLAY FOR 2015 IS "YEARBOOK" WRITTEN BY STEVEN FENDRICH. THIS IS AN OUTSTANDING OPPORTUNITY TO SEE THE STUDENTS ACTING AND HAVING FUN! WE WOULD LIKE TO INVITE EVERYONE TO THE DINNER THEATER THAT WILL BE HELD ON NOVEMBER 23RD. CALL MRS. BARR OR MRS. LITTLE AT 402-865-4675 FOR MORE INFORMATION. HOPE TO SEE YOU THERE!

ONE  PLAY



FLU SHOT CLINIC

It is time to think about getting our flu shots again this year. Influenza is a highly contagious respiratory illness caused by the influenza virus. It spreads from person to person via airborne droplets when someone sneezes or coughs. Influenza can lead to pneumonia, dehydration, and worsening of chronic diseases, especially for those with lung and heart problems. There is a strong possibility of missing school for several days once influenza symptoms set in.

The school strongly encourages all staff and students to receive a flu shot. We are going to make it easy for you to do so. The Pawnee Health Clinic will be at Lewiston Consolidated Schools on **Monday, October 12th from 8:30 - 9:30 A.M.** to administer flu shots to students and staff. Please bring your insurance card and the clinic will submit a claim for you, otherwise you will need to pay \$25 for the shot.

Please read the flu vaccination administration release form on the back of this page if you would like a flu shot and return it the morning of the vaccination clinic.

Thank you for protecting your health and the health of others. If you have questions, please contact the Pawnee Rural Health Clinic at 402-852-2311.



Looking for a fun after school activity for your child? Consider signing up for a 4-H Afterschool Workshop hosted by the Nebraska Extension Office in Pawnee County. This year five workshops will be offered focusing on a unique theme, youth may attend one workshop or all five workshops as each day will have new hands-on science activities. All students may participate regardless of their 4-H membership and financial assistance may be available upon request.

DNA for Dinner: Ever wonder what is in the food that you eat? During this interactive workshop, youth will explore plant genetics and biotechnology. The workshops runs from after school to 5:30pm on Sept 24, Oct 1, 15, 22, & 29. It is open to students grades 3-6 and only costs \$5 per session or \$15 for all five sessions.

Outdoor Skills: Touch, taste, smell, hear, and see how beautiful nature can be! Youth will use their five senses to explore the natural world around them. The workshops runs from after school to 5:30pm on Feb 15, 16, 18, 22, & 23. It is open to students grades K-2 and only costs \$5 per session or \$15 for all five sessions.

Injectable Flu Immunization Release

Name: _____ Date of Birth: _____ Age: _____

Flu immunizations will not protect all persons who get the flu. Flu immunizations will not protect against other illnesses that resemble the flu.

There are two kinds of flu vaccinations. Your answers to the following questions will help us know which of the two kinds of vaccine you will receive or if you are eligible to receive it at all.

- | | | |
|---|----|-----|
| 1. Have you ever had a serious allergic reaction or other problems with the flu vaccine? | NO | YES |
| 2. Are you allergic to eggs, latex, thimerosal (a mercury derivative), gentamicin gelatin or arginine used as a preservative? | NO | YES |
| 3. Have you ever had Guillain-Barre Syndrome (a type of temporary severe muscle weakness)? | NO | YES |
| 4. Do you have any of the following: Asthma, diabetes, disease of the lungs, heart, kidneys, liver, nerves, or blood? | NO | YES |
| 5. Question for those who are 2-17 years old. Are you on long-term aspirin or aspirin-containing therapy (do you take aspirin every day)? | NO | YES |
| 6. Do you have a weak immune system (Example: HIV, cancer, medications such as steroids or those used to treat cancer), or in close contact with a person who needs care in a protected environment (Example: Someone who has recently had a bone marrow transplant)? | NO | YES |
| 7. Are you pregnant or nursing? | NO | YES |

Most people have no side effects from the flu vaccine. If mild or moderate problems occur, they can last up to 1-2 days. These may include the following for the injectable vaccine:

Soreness, redness or swelling where the shot was given
Fever, tiredness or achiness. May begin 6-12 hours after the vaccination.
Immediate allergic reaction causing difficulty breathing.

Having read the above information, I voluntarily consent to receive the influenza immunization. I release Pawnee County Rural Healthy Clinic from all responsibilities for reactions that may occur and I will take the responsibility to seek medical attention should more severe symptoms occur.

Signature: _____ Date: _____



FFA NEWS



Lewiston Ag Students Win Range Contest

Ten Lewiston Ag Education students competed at the Area 6 Range Management Contest in Adams County on September 10th and came home with the senior division championship.

The Adams County NRCS, the Little Blue NRD and the Adams County Extension Service hosted the contest. Students competed in two divisions, a junior division or a senior division. Each team was made up of three or four students. Students evaluated three sites for degree of use, condition and site name. They took a written quiz and reviewed a range management map and made recommendations. The contestants then identified 24 plants from a list of over 150 plants and gave characteristics such as life span, forage value and growth response for each.

Ag Education Departments competing were from Tri-County, Diller-Odell, Blue Hill, Silver Lake, Aurora, Red Cloud, Friend, Southern Valley and Lewiston. To earn a ribbon a student must place in the top 9 of the judges.

The Lewiston senior division team of Karen Keyes, Megan Wehrbein, Miah Fulton and Cari Howell won the championship and were awarded purple ribbons. The team of Dalton Anderson, Ryan Husa, Jacob Meybrunn and Skyler Salts placed fifth. Diller-Odell placed second and Red Cloud claimed third.

Individually Cari Howell won first place and received the purple ribbon. Miah Fulton placed third and claimed a red ribbon. Dalton Anderson earned 7th place and Megan Wehrbein earned 12th place. All of the Lewiston judges were in the top ½ of the competition.

In the Junior Division, freshman Colten Baker and Richard Keyes competed for Lewiston.

The next Ag Education competition for Lewiston schools is the Southeast Area Land Judging Competition on Oct. 14th in Gage County.

Lewiston Dairy Team Finishes Second

The Lewiston FFA State Dairy Judging team finished as State runner-up on August 29. The state contest was held at the Nebraska State Fair in Grand Island.

The team of Dalton Anderson, Cari Howell, Megan Wehrbein and Logan Anderson was awarded a team plaque and silver medals. The dairy team from Ansley FFA won the contest and Norris FFA placed third. Cooperative Extension and Northeast Community College-Norfolk personnel hosted the event. Mr. Dave Barnard was the team coach.



Individually Dalton was awarded a bronze medal and purple ribbon for his 3rd place finish. Logan earned a purple ribbon for placing 4th. Megan and Cari each received white ribbons. The top 50% of the contestants earned ribbons.

State teams judged six classes of heifers and cows of four different dairy breeds. The agriculture education students then gave three sets of oral reasons on the cattle. Each student took a written exam on dairy management. The teams gave a presentation to a panel of judges on a biosecurity and health scenario. The event concluded with an awards ceremony and meal sponsored by Midwest Dairy Association at the Five Points Bank Arena.

In the State 4-H Senior Division, Dalton Anderson placed 2nd as an individual and qualified for the Nebraska team, which will compete in Madison, WI. He earned a purple ribbon and silver medal. Megan Wehrbein placed 5th and earned a blue ribbon. Cari Howell won 6th place and earned a blue ribbon. Logan Anderson placed 2nd in the junior 4-H division. Logan won a purple ribbon and silver medal. Taylor Anderson earned a purple state ribbon.



FFA NEWS



Lewiston FFA Conducts Ag Orientation

The Lewiston FFA Officers conducted an open house and Ag Orientation Night on August 20th at the high school Ag Education Department. The evening began with President Dalton Anderson welcoming the agriculture education students and their parents.

Mr. Dave Barnard, Chapter Advisor, reviewed the facilities and Ag Education & FFA opportunities available to the students. Those attending participated in six learning station activities. Ryan Husa hosted an area on crops, Megan Wehrbein presented range plants, Skyler Salts conducted a hand tool activity, Dalton Anderson administered an Ag Businesses quiz, Karen Keyes hosted a horticulture activity and Miah Fulton had a livestock breed test. Cari Howell tabulated and scored the learning areas.

Students placing in the top three for the eighth grade were:

1. Caleb Bredemeier
2. Dana Christen
3. Shaylyn Salts

Students placing in the top three for the 9th -12th grades were:

1. Jacob Meybrunn
2. Logan Anderson
3. Treyton Hippen



Caleb Bredemeier & Courtnie Zyla and her father visit Skyler Salts' learning station at the Lewiston FFA Ag Orientation Aug. 20th

Upcoming Lewiston Ag Department activities include promoting National Farm Safety Week, competing in the Area Range Judging Contest in Hamilton County, and attending the District FFA EDGE Leadership Day in September.



The Lewiston FFA Chapter had two exhibitors at the Nebraska State Fair FFA Dairy Show August 30th in Grand Island. Senior Dalton Anderson showed the Grand Champion Brown Swiss. The Chapter President earned a purple ribbon, a plaque and a halter. Freshman Logan Anderson exhibited the Senior Champion Jersey and the Reserve Supreme Champion Cow. Logan received a purple ribbon, banner and a halter.

Lewiston High School graduate and UN-L freshman pre-Vet science major Brooke Wehrbein was busy two weekends at the Nebraska State Fair. Through her Vet Science Club at College she worked at the Fair's Farm Animal birthing pavillion. Brooke assisted with animal health and answered the public's questions. She is the daughter of Jeff and Tracie Wehrbein of Burchard and a member of the Lewiston FFA Chapter.



FONTANELLE HYBRIDS 2016 ESSAY CONTEST

DETAILS

- "Western Knowledge. Exceptional Communities. 2016 Essay Contest"
- \$1,000.00 scholarships for seniors
- Write and submit a 250-word essay on the topic, "What has had the greatest impact on production agriculture in your local community over the last 80 years?"
- The entry deadline is Nov. 30, 2015
- Full contest rules are available online at www.Fontanelle.com/EssayContest
- Mr. Barnard has more details

Foods 1 class begins bright and early each morning at 8:15. Students are studying kitchen safety, using recipes, precise measurements, kitchen utensils and small appliances. Soon they will be ready to prepare foods in many different categories.

Junior High Study Hall has 4 students three days every week. These students work hard on their class assignments, and then read books when finished.

Home Living students created a house plan using information about furniture arrangements, traffic patterns, work triangles, living, service, and sleeping areas of the home.

Quick and Easy Foods class has experimented with appetizers, fruit recipes, and beef recipes. The advantage of this class is the amount of hands-on cooking that is available.

Lewiston Family & Consumer Science



Practical Skills For Life

Child Development class has learned about teen pregnancy and the choices that a pregnant teen must make. The nine students of this class are getting excited about the babies that they will have for three days and two nights.

Independent Study class has two students that experiment with all aspects of FACS. Some of the projects completed include homemade cinnamon rolls, homemade play doh, a mini album made of envelopes, and cookies shared with the staff.

September LCS Events



Football Throw Sept 11



Out of Darkness Walk
September 19
Beatrice



Red Cross Blood Drive
September 23
Lewiston Lunch Room

October LCS Events



Warm Bake Sale
October 9
Sterling FB game
hot foods, drinks,
goodies

Halloween
Haunted Hayrack
Ride

October 27
7:00-8:30pm
Lewiston South
Gym
Games,
refreshments,
spooky rides





PTO NewsBLAST

STAY IN THE KNOW WITH PTO!

Who can join?

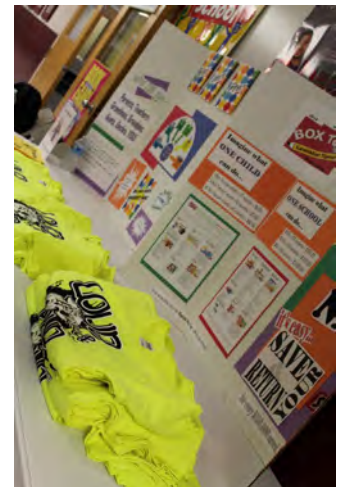
Parents, Teachers, Grandmas,
Grandpas, Aunts, Uncles, **YOU!**

Special Dates:

Early Out	Sept. 17
No School	Sept. 18
PTO Meeting	Oct. 5



Thank you to all that attended the open house! We handed out lots of shirts! We hope you enjoyed seeing the new additions and talking to the teachers and staff!



KEEP SAVING!

SUNOMART®

We have collected more than \$52,000 in receipts—Goal is \$150,000!

Way to GO!



JOIN THE PTO!

Meetings are the 1st Monday of the month at the school 7:00pm—we would love to have you join us!

"Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has."
~Margaret Mea

Pawnee County Holiday Wish List Application

Food Basket Request Gift Request

Date of Application: _____ Phone number: _____

Applicant's Name: _____ Social Security #: _____

Address: _____ Best time to contact: _____

Employer: _____ Monthly Take Home Pay: _____

Spouse/Friend in Home; _____ Social Security #: _____

Employer: _____ Monthly Take Home Pay: _____

Do you receive a monthly child support payment? Yes NO

Child's Name	Male/Female	Age	Top Size	Pants Size	Gift Request (under \$25)

Do you have legal custody/guardianship of the above children? Yes No

I understand that by signing this form I give permission to Pawnee County Holiday Wish List Program to verify any of the above information with my employer and /or any Health & Human Services Agency. I also understand that providing false information will result in my application being denied. I understand this information will be released to organizations providing assistance through this program.

Applicant's Signature

Spouse/Friend Signature (if Applicable)

NOTE: Application does not guarantee participation in this program. Eligibility will be based on need and resources available.

Completed applications must be submitted to SENCA office, 549 F St., Pawnee City, by November 10, 2015. Make arrangements to pick up your items at SENCA on the morning of Monday, December 21.

October



2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Oct. 1 --JV/V VB at FCSH 4:30 pm --V FB at FCSH 7 pm	Oct. 2 --NO SCHOOL - vacation day	Oct. 3 --JH VB at Southern Tourney 8:30 am
4	5 --JH FB at Freeman 4:30 pm --JH VB vs. Fairbury (at Southern) 4:30 pm	6 --V VB Triangular at Lewiston w/Sterling & CVA 5 pm	7 --Rural Safety Day at Lewiston (2 nd , 3 rd , and 4 th graders)	8	9 --FB vs. Sterling 7 pm --LCS Bake Sale	10 --JH VB at Thayer Central Invite 9 am
11	12 --JH VB vs. JCC (at Southern) 4pm --JH FB vs. JCC (at Southern) 4:30 pm --Flu Shots at Lewiston 8:30 am --School Board Meeting 7 pm	13 --JV/V VB vs. Parkview Christian 6 pm	14 --Land Judging Contest --Lifetouch Picture Retakes 8 am	15 --JV/V VB at NE City Lourdes 5 pm	16 --End of 1st Quarter --FB at Parkview Christian 4 pm	17
18	19 --Begin 2nd Quarter --Pioneer Conference VB Tourney	20 --JH VB vs. Beatrice (at Southern) 4 pm --Pioneer Conference VB Tourney	21 --State Land Judging	22 --Pioneer Conference VB Tourney --FB at Johnson Brock 7 pm	23 --12:30 pm dismissal - Teacher In-service --Pioneer Conference VB Tourney	24 --ACT Test Date --JV VB at Sterling Tourney 9 am
25	26 --V VB Triangular at Friend w/ Pawnee City 4:30 pm - **NOTE - date change**	27 --LCS Hayrack Ride and Haunted Games	28 --National FFA Convention at Louisville, KY	29 --National FFA Convention --1st Round D1/D2 FB Playoffs --V VB Triangular at Weeping Water w/ HTRS 5 pm	30 --National FFA Convention	31 --Halloween --National FFA Convention



LEWISTON CONSOLIDATED SCHOOLS

OCTOBER 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 BREAKFAST FOR LUNCH	2 NO SCHOOL ☺
5 CORN DOGS BAKED TATER TOTS BAKED BEANS VEGETABLES/FRUIT	6 DORITO CHEESY CHICKEN CASSEROLE BREAD/BUTTER VEGETABLES/FRUIT	7 POPCORN CHICKEN POTATOES/GRAVY VEGETABLES/FRUIT MUFFIN	8 HOT HAM&CHEESE ON WG BUN SUN CHIPS VEGETABLES/FRUIT	9 PIZZA FIESTADA SALAD MIX VEGETABLES/FRUIT
12 SAUSAGE GRAVY ON BISCUIT VEGETABLES/FRUIT CAKE	13 TACO SOUP SALAD MIX BREAD/STICKS VEGETABLES/FRUIT	14 CHEESEBURGER BISCUIT BAKE VEGETABLES/FRUIT BROWNIE	15 NACHO CHIPS MEAT&CHEESE SAUCE SALAD MIX VEGETABLES/FRUIT DONUTS	16 HOT DOGS IN WG BUN HASH BROWN PATTY VEGETABLES/FRUIT
19 TATER TOT CASSEROLE SALAD MIX BREAD STICKS VEGETABLES/FRUIT	20 CHICKEN ALFREDO WITH A TWIST VEGETABLES FRUIT MUFFIN	21 HAM CHEESY HASH BROWNS DINNER ROLL VEGETABLES/FRUIT	22 CHICKEN SANDWICH BAKED FRIES VEGETABLES/FRUIT COOKIES	23 HAMBURGER ON WG BUN DORITOS VEGETABLES/FRUIT
26 RIB PATTY ON WG BUN TATER TOTS VEGETABLES/FRUIT	27 RUNZA CASSEROLE BREAD/STICKS VEGETABLES/FRUIT	28 CHICKEN NOODLE SOUP CRACKERS GRILLED CHEESE VEGETABLES/FRUIT	29 MEATBALL SUB SALAD MIX VEGETABLES/FRUIT	30 CHICKEN NUGGET BAKED FRIES VEGETABLES/FRUIT COOKIES
				

BREAKFAST

MONDAY-FRIDAY
CHOICE OF CEREALS, JUICES, YOGURT, FRUIT, AND HOT BREAKFAST ITEM

**Milk served with all meals

**Menus subject to change

LEWISTON CONSOLIDATED SCHOOL
County of Pawnee School District #69
306 Tiger Avenue
Lewiston, NE 68380
402-865-4675

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